

CanesBalance®

Bacterial Vaginosis

Vaginal Gel

CanesBalance® is clinically shown to help effectively relieve and prevent the symptoms of bacterial vaginosis.

What is Bacterial Vaginosis (BV)?

BV is a common condition. Normally, different types of bacteria live naturally in the vagina; the ones present in the largest numbers are lactic acid bacteria. They produce lactic acid, maintaining the normal low pH of the vagina and protecting it against infection. At this low pH (acidic), growth of undesirable bacterial microorganisms is usually restricted.

When the numbers of lactic acid bacteria are reduced and the pH levels rise (less acidic), there is an imbalance to the normal situation favouring the growth of 'bad' bacteria. If it occurs, it can lead to the condition known medically as Bacterial Vaginosis. The main symptoms associated with BV are odour and abnormal discharge.

Please speak to your health care professional for advice.

What causes Bacterial Vaginosis?

Factors that alter the vaginal environment and can cause BV include prolonged menstruation, the use of intimate hygiene products, frequent vaginal douching, contraceptives, vaginal medications, sexual intercourse and stress. Courses of antibiotics and the use of an Intrauterine Device (IUD) can also affect the balance in the vagina.

CanesBalance® helps relieve the symptoms of BV

CanesBalance® contains lactic acid, which effectively relieves abnormal vaginal discharge and restores vaginal pH to relieve odour. CanesBalance® maintains normal vaginal pH.

The gel is delivered in convenient, easy-to-use single pre-filled applicators.

How to use CanesBalance® BV Gel?

Relief of BV symptoms	For effective relief of odour and abnormal discharge associated with BV.	Use 1 tube daily for 7 days
Prevention	For women who frequently experience recurrent episodes of bacterial vaginosis.	Use 1 tube daily for 3 days after menstruation.

Twist off the end tab, sit or lie in a comfortable position and gently insert the neck of the applicator into the vagina as far as it will comfortably go. Gently squeeze the applicator to release the contents.

Remove the tube, still squeezing, and discard. It is best to use CanesBalance® at bedtime. It may be helpful to wear a panty liner as it is common to notice slight leakage. This does not mean the treatment has not worked. Use only as directed.

It can be used during pregnancy and during menstruation. However, you should consult your doctor if you think you may have a vaginal infection during pregnancy. May cause some stinging during vaginal fungal (yeast) infections or when there are small cracks in the vaginal tissue. If you are concerned seek medical advice.

CanesBalance® is clinically tested

Clinical trials have shown that CanesBalance's® formulation is effective. It has a triple benefit formula. It restores pH balance, helps relieve unpleasant odour and abnormal discharge. It helps support healthy vaginal flora by restoring vaginal pH.

CanesBalance® contains

7 x 5ml hygienic single-use applicators

Each 5ml applicator contains the following ingredients:

Medicinal Ingredients: Lactic Acid (L-Lactic Acid) 225 mg

Non-medicinal Ingredients: purified water, sodium hydroxide, glycogen, hydroxypropyl methylcellulose, propylene glycol

Contains no preservatives. pH3.8 Store at 2-30°C.

When should you see your doctor?

Please speak to your doctor for diagnoses of BV. Contact your doctor if your symptoms worsen or do not cease, if you experience pain, or if your discharge is blood-stained. If you experience no symptom relief after using CanesBalance® as instructed, you should consult your doctor for further advice.

Warnings

Keep out of reach of children. Do not use if you are allergic to shellfish. Do not use if the end tab is broken off. Avoid using CanesBalance® if you are trying to conceive, as the gel has a low pH which can make the environment less suitable for sperm. Do not use as a contraceptive.

Bayer Inc.

Mississauga, ON L4W 5R6

® TM see www.bayer.ca/tm-mc

www.canesten.ca

1-800-714-4449