

CANESTEN® Combi-Pak ComforTAB 1
Clotrimazole Vaginal Tablet, Bayer Standard, 500 mg
Clotrimazole External Cream, Bayer Standard, 1% w/w

ANTIFUNGAL
FOR THE TREATMENT OF VAGINAL YEAST INFECTIONS.
READ THIS BEFORE USING.

1. What is a “yeast infection”?

A “yeast infection” may occur any time there is an overgrowth of yeast organisms in the vagina. The vagina normally has bacteria and yeast organisms present. Under some conditions, the number of yeast organisms rises, irritating the delicate tissues of the vagina and vaginal opening (the vulva). Conditions that make this more likely to occur are illness and the use of antibiotics (antibiotics do not affect the yeast organism). Changes in hormone levels may also increase the risk of a yeast infection. Changes that can occur during pregnancy, with the use of oral contraceptive pills, or just before a woman’s period, may all increase the risk of a vaginal yeast infection. Some diseases, such as diabetes, can also make a person more susceptible. Even such things as hot, humid weather, continuous use of panty liners, or tight, non-breathing clothing may increase a woman’s chances of developing a yeast infection. These infections are not usually transmitted through sexual relations, even though a small percentage of male partners do have infections at the same time.

2. How do I know if I have a “yeast infection”?

When a yeast infection occurs, the body responds with an increase in vaginal secretions. These secretions are generally thick and sticky, but odourless. These are often referred to as “cheesy” or “curd-like” because of their similarity to cottage cheese. These secretions are irritating to the tissues of the vagina and vulva, causing intense itching, redness and swelling. Sometimes red spots or sores may develop, especially if the area has been scratched in response to the itching. Soreness in the vagina, discomfort when passing urine and pain during sexual relations is common.

Yeast infections do not cause fevers, chills, nausea, vomiting, diarrhoea, back pain, shoulder pain or vaginal haemorrhaging. If these symptoms are present, or if the vaginal discharge is foul-smelling, a more serious condition may be present and you should consult your physician immediately.

Even if all your symptoms point to a yeast infection, you should not attempt to treat yourself without consulting a physician if it is your first infection. If you have a second infection in less than 2 months, or experience frequent infections, contact your physician for evaluation and advice.

3. How do I cure a “yeast infection”?

To cure a yeast infection, it is necessary to kill the overgrowth of yeast organisms that cause the infection. *Canesten* can cure most vaginal yeast infections and symptomatic relief can occur in a few hours or days. *Canesten 1* vaginal tablet requires only one application, however, if your symptoms do not improve after 3 days, or disappear within 7 days, or if they worsen, discontinue treatment and contact your doctor.

4. How do I use Canesten Combi-Pak ComforTAB 1?

The *Canesten* vaginal tablet is used to treat the vaginal yeast infection while the *Canesten* External cream is used externally to relieve the itching associated with your vaginal yeast infection. The cream should be used only during the time when external symptoms are present and for no longer than 7 days.

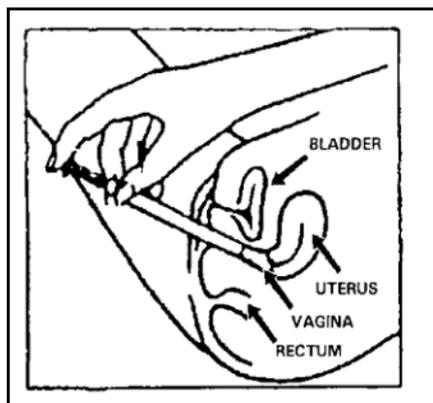
The *Canesten* vaginal tablet is placed high into the vagina once (preferably at bedtime). *Canesten* vaginal tablets and *Canesten* External cream are only for use in the vagina and irritated vaginal area and **should never be taken by mouth**. Treatment during the menstrual period should not be performed. The treatment should be finished before the onset of menstruation. While you may have sexual relations during treatment with *Canesten*, most couples wait until treatment has finished.

Using the Applicator

The applicator supplied with this package should be used to ensure proper placement of the vaginal tablet high in the vagina, where it will provide the most benefit. To use the applicator, first remove the *Canesten* vaginal tablet from its protective foil wrapper. Next pull the applicator's plunger outward until it stops. The vaginal tablet is then placed into the end of the applicator and is ready for use.

Inserting the Medication

The *Canesten* vaginal tablet is placed into the vagina in much the same way as a tampon. Stand, squat, or lie on your back in a comfortable position. Insert the loaded applicator into the vagina as far as it will comfortably go. Holding the barrel of the applicator steady, gently depress the plunger until it stops. This will release the medication high in the vagina where it will be most effective. Remove the applicator.



Disposing of the Applicator

The *Canesten* vaginal applicator is recyclable where facilities exist.

Using the Cream

A small amount of *Canesten* External cream may be applied to the opening of the vagina to help provide extra relief of external symptoms. Squeeze a small amount of cream onto your finger and gently spread over the irritated area of the vulva. Use only once or twice a day and only during the period when external symptoms are present, to a maximum of 7 days.

5) *Important Warnings*

Before using *Canesten* ComforTAB 1, talk to your doctor or pharmacist if you are taking Tacrolimus (immunosuppressant).

If you are at increased risk for sexually transmitted diseases, have multiple sexual partners or change partners often, consult a doctor before starting each treatment.

If this is your first yeast infection, it should be evaluated by your doctor before you start any medication.

Do not use *Canesten* if you have abdominal pain, fever, or a foul-smelling vaginal discharge. If these symptoms are present, you could have a more serious condition and you should consult your doctor immediately.

If there is no improvement in your symptoms in 3 days or if they have not disappeared within 7 days, you might not have a yeast infection. Consult your doctor.

If you have frequent vaginal infections, or if your yeast infection returns in less than 2 months, consult your doctor prior to starting treatment.

Do not use *Canesten* if you are pregnant, think you are, or are nursing, without consulting your doctor.

If you experience a rash or new irritation while using this product, discontinue use and contact your doctor.

Canesten may reduce the effectiveness and safety of latex products (e.g. condoms and diaphragms) and vaginal spermicides. This effect is temporary and occurs only during treatment.

Using vaginal CANESTEN® and oral tacrolimus/sirolimus (immunosuppressant) might lead to increased tacrolimus/sirolimus plasma levels.

Do not use tampons, intravaginal douches or other vaginal products while using this product.

Canesten vaginal tablets are for vaginal use only. *Canesten* External cream is for external vaginal use only. Avoid contact with eyes; if this happens, rinse thoroughly with water. If *Canesten* is accidentally swallowed, contact your local hospital emergency room or Poison Control Centre immediately. Keep *Canesten* and all other medications out of the reach of children.

Canesten External Cream should not be used for vulvar itching due to causes other than a yeast infection.

Canesten should not be used by girls less than 12 years of age unless advised by a doctor.

If you have any questions about *Canesten* or vaginal infections, contact your pharmacist or doctor.

Medicinal Ingredient : The vaginal tablet contains clotrimazole 500 mg.
The tube contains clotrimazole 1% topical cream.

STORE AT ROOM TEMPERATURE BETWEEN 15°C AND 30°C.

Bayer ⊕

® TM/MC see www.bayer.ca/tm-mc
Bayer Inc. Mississauga ON L4W 5R6

PACKAGE INSERT

CANESTEN® Combi-Pak ComforTAB 3
Clotrimazole Vaginal Tablets, Bayer Standard, 200 mg
Clotrimazole External Cream, Bayer Standard, 1% w/w
3 TREATMENTS
ANTIFUNGAL

FOR THE TREATMENT OF VAGINAL YEAST INFECTIONS.
READ THIS BEFORE USING.

1. What is a “yeast infection”?

A “yeast infection” may occur any time there is an overgrowth of yeast organisms in the vagina. The vagina normally has bacteria and yeast organisms present. Under some conditions, the number of yeast organisms rises, irritating the delicate tissues of the vagina and vaginal opening. Conditions that make this more likely to occur are illness and the use of antibiotics (antibiotics do not affect the yeast organism). Changes in hormone levels may also increase the risk of a yeast infection. Changes that can occur during pregnancy, with the use of oral contraceptive pills, or just before a woman’s period, may all increase the risk of a vaginal yeast infection. Some diseases, such as diabetes, can also make a person more susceptible. Even such things as hot, humid weather, continuous use of panty liners, or tight, non-breathing clothing may increase a woman’s chances of developing a yeast infection. These infections are not usually transmitted through sexual relations, even though a small percentage of male partners do have infections at the same time.

2. How do I know if I have a “yeast infection”?

When a “yeast infection” occurs, the body responds with an increase in vaginal secretions. These secretions are generally thick and sticky, but odourless. These are often referred to as “cheesy” or “curd-like” because of their similarity to cottage cheese. These secretions are irritating to the tissues of the vaginal area, causing intense itching, redness and swelling. Sometimes red spots or sores may develop, especially if the area has been scratched in response to the itching. Soreness in the vagina, discomfort when passing urine and pain during sexual relations is common.

Yeast infections do not cause fevers, chills, nausea, vomiting, diarrhoea, back pain, shoulder pain or vaginal haemorrhaging. If these symptoms are present, or if the vaginal discharge is foul-smelling, a more serious condition may be present and you should consult your doctor immediately.

Even if all your symptoms point to a yeast infection, you should not attempt to treat yourself without consulting a doctor if it is your first infection. If you have a second infection in less than 2 months, or experience frequent infections, contact your doctor for evaluation and advice.

3. How do I cure a “yeast infection”?

To cure a yeast infection, it is necessary to kill the overgrowth of yeast organisms that cause the infection. *Canesten* can cure most vaginal yeast infections. Even though the symptoms of an infection may be relieved in only a few hours or days, you should use *Canesten* as directed for a full 3 days. This will decrease the chance of an infection returning. If your symptoms do not improve after 3 days of treatment, or disappear within 7 days, or if they worsen, discontinue treatment and contact your doctor.

4. How do I use *Canesten Combi-Pak ComforTAB 3*?

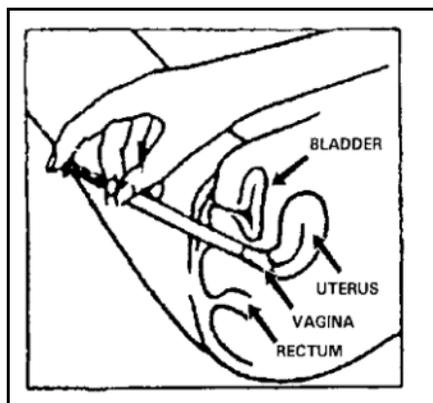
The *Canesten* vaginal tablet is used to treat the vaginal yeast infection while the *Canesten* external cream is used externally to relieve the itching associated with your vaginal yeast infection. The cream should be used only during the time when external symptoms are present and for no longer than 7 days. One *Canesten* vaginal tablet is placed high into the vagina once a day (preferably at bedtime) for 3 consecutive days. *Canesten* vaginal tablets and *Canesten* external cream are only for use in the vagina and irritated vaginal area **and should never be taken by mouth.** Treatment during the menstrual period should not be performed. The treatment should be finished before the onset of menstruation. While you may have sexual relations during treatment with *Canesten*, most couples wait until treatment has finished as your partner could become infected.

Using the Applicator

The applicator supplied with this package should be used to ensure proper placement of the vaginal tablet high in the vagina, where it will provide the most benefit. To use the applicator, first remove the *Canesten* vaginal tablet from its protective foil wrapper. Next pull the applicator's plunger outward until it stops. The vaginal tablet is then placed into the end of the applicator and is ready for use.

Inserting the Medication

Canesten vaginal tablets are placed into the vagina in much the same way as a tampon. Stand, squat, or lie on your back in a comfortable position. Insert the loaded applicator into the vagina as far as it will comfortably go. Holding the barrel of the applicator steady, gently depress the plunger until it stops. This will release the medication high in the vagina where it will be most effective. Remove the applicator.



Disposing of the Applicator

The *Canesten* vaginal applicator is recyclable where facilities exist.

Using the Cream

A small amount of *Canesten* external cream may be applied to the opening of the vagina to help provide extra relief of external symptoms. Squeeze a small amount of cream onto your finger and gently spread over the irritated vaginal area. Use once or twice a day and only during the period when external symptoms are present, to a maximum of 7 days.

5. Important Warnings

Before using *Canesten* ComforTAB 3, talk to your doctor or pharmacist if you are taking Tacrolimus (immunosuppressant).

If you are at increased risk for sexually transmitted diseases, have multiple sexual partners or change partners often, consult a doctor before starting each treatment.

If this is your first yeast infection, it should be evaluated by your doctor before you start any medication.

Do not use *Canesten* if you have abdominal pain, fever, or a foul-smelling vaginal discharge. If these symptoms are present, you could have a more serious condition and should consult your doctor immediately.

If there is no improvement in your symptoms in 3 days or if they have not disappeared within 7 days, you might not have a yeast infection. Consult your doctor.

If you have frequent vaginal infections, or if your yeast infection returns in less than 2 months, consult your doctor prior to starting treatment.

Do not use *Canesten* if you are pregnant, think you are, or are nursing, unless advised by your doctor.

If you experience a rash or new irritation while using the product, discontinue use and contact your doctor.

Canesten may reduce the effectiveness and safety of latex products (e.g. condoms and diaphragms) and vaginal spermicides. This effect is temporary and occurs only during treatment.

Using vaginal CANESTEN® and oral tacrolimus (immunosuppressant) might lead to increased tacrolimus plasma levels.

Do not use tampons, intravaginal douches or other vaginal products while using this product.

Canesten vaginal tablets are for vaginal use only. Avoid contact with eyes; if this happens, rinse thoroughly with water. Canesten external cream is for external vaginal use only.

If *Canesten* is accidentally swallowed, contact your local emergency room or Poison Control Centre immediately. Keep *Canesten* and all other medications out of the reach of children.

Canesten External Cream should not be used for vaginal itching due to causes other than a yeast infection.

Canesten should not be used by girls less than 12 years of age unless advised by a doctor.

If you have any questions about *Canesten* or vaginal infections, contact your pharmacist or doctor.

Medicinal Ingredient: The vaginal tablet contains clotrimazole 200 mg.
 The tube contains clotrimazole 1% external cream.

STORE AT ROOM TEMPERATURE BETWEEN 15°C AND 30°C.

Bayer ⊕

® TM/MC see www.bayer.ca/tm-mc
Bayer Inc. Mississauga ON L4W 5R6

PACKAGE INSERT

CANESTEN

Combi-Pak Cream 1 Treatment

1% w/w & 10% w/w Clotrimazole Cream, Bayer Standard

ANTIFUNGAL

FOR THE TREATMENT OF VAGINAL YEAST INFECTIONS.

READ THIS BEFORE USING.

1. What is a “yeast infection”?

A “yeast infection” may occur any time there is an overgrowth of yeast organisms in the vagina. The vagina normally has bacteria and yeast organisms present. Under some conditions, the number of yeast organisms rises, irritating the delicate tissues of the vagina and vaginal opening. Conditions that make this more likely to occur are illness and the use of antibiotics (antibiotics do not affect the yeast organism). Changes in hormone levels may also increase the risk of a yeast infection. Changes that can occur during pregnancy, with the use of oral contraceptive pills, or just before a woman’s period, may all increase the risk of a vaginal yeast infection. Some diseases, such as diabetes, can also make a person more susceptible. Even such things as hot, humid weather, continuous use of panty liners, or tight, non-breathing clothing may increase a woman’s chances of developing a yeast infection. These infections are not usually transmitted through sexual relations, even though a small percentage of male partners do have infections at the same time.

2. How do I know if I have a “yeast infection”?

When a “yeast infection” occurs, the body responds with an increase in vaginal secretions. These secretions are generally thick and sticky, but odourless. These are often referred to as “cheesy” or “curd-like” because of their similarity to cottage cheese. These secretions are irritating to the tissues of the vagina and vulva, causing intense itching, redness and swelling. Sometimes red spots or sores may develop, especially if the area has been scratched in response to the itching. Soreness in the vagina, discomfort when passing urine and pain during sexual relations is common.

Yeast infections do not cause fevers, chills, nausea, vomiting, diarrhoea, back pain, shoulder pain or vaginal haemorrhaging. If these symptoms are present, or if the vaginal discharge is foul-smelling, a more serious condition may be present and you should consult your doctor immediately.

Even if all your symptoms point to a yeast infection, you should not attempt to treat yourself without consulting a doctor if it is your first infection. If you have a second infection in less than 2 months, or experience frequent infections, contact your doctor for evaluation and advice.

3. How do I cure a yeast “infection”?

To cure a “yeast infection”, it is necessary to kill the overgrowth of yeast organisms that cause the infection. *Canesten* can cure most vaginal yeast infections and symptomatic relief can occur in a few hours or days. *Canesten* Cream 1 requires only one application, however, if your symptoms do not improve after 3 days of treatment, or disappear within 7 days, or if they worsen, discontinue treatment and contact your doctor.

4. How do I use Canesten Combi-Pak Cream 1?

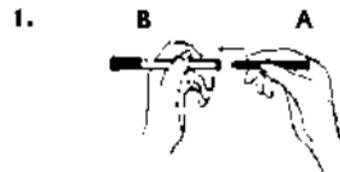
The applicator filled with *Canesten* Cream is used to treat the vaginal yeast infection while the tube of *Canesten* External Cream is used externally to relieve the itching associated with your vaginal yeast infection. The external cream should be used only during the time when external symptoms are present and for no longer than 7 days.

Canesten Cream 1 (pre-filled applicator) is placed high into the vagina once (preferably at bedtime). *Canesten* cream is only for use in the vagina and should never be taken by mouth. Treatment during the menstrual period should not be performed. The treatment should be finished before the onset of menstruation. While you may have sexual relations during treatment with *Canesten*, most couples wait until treatment has finished.

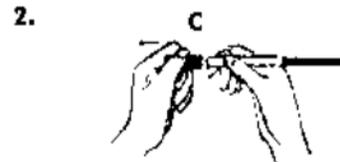
Using the Applicator

The applicator supplied with this package should be used to ensure proper placement of the vaginal cream high in the vagina, where it will provide the most benefit. To use the applicator:

1. Remove unit B from package. Insert plunger A into the barrel of the applicator B.

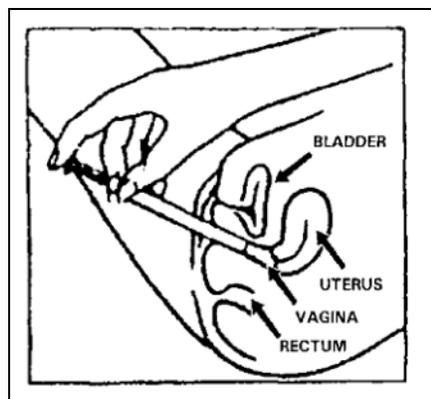


2. Detach red tip C with a twist motion.



Inserting the Medication

Canesten Cream 1 (pre-filled applicator) is inserted into the vagina in much the same way as a tampon. Stand, squat, or lie on your back in a comfortable position. Insert the pre-filled applicator into the vagina as far as it will comfortably go. Holding the barrel of the applicator steady, gently depress the plunger until it stops. This will release the medication high in the vagina where it will be most effective. Remove the applicator.



Disposing of the Applicator

The *Canesten* vaginal applicator is recyclable where facilities exist.

Using the External Cream

A small additional amount of *Canesten* external cream may be applied to the opening of the vagina to help provide extra relief of external symptoms. Squeeze a small amount of cream onto your finger and gently spread over the irritated area of the vulva. Use only once or twice a day and only during the period when external symptoms are present, to a maximum of 7 days.

5. Important Warnings

Before using *Canesten* CombiPak Cream 1, talk to your doctor or pharmacist if you are taking Tacrolimus (immunosuppressant).

If you are at increased risk for sexually transmitted diseases, have multiple partners or change partners often, consult a doctor before starting each treatment.

If this is your first yeast infection, it should be evaluated by your doctor before you start any medication.

Do not use *Canesten* if you have abdominal pain, fever, or a foul-smelling vaginal discharge. If these symptoms are present, you could have a more serious condition and you should consult your doctor immediately.

If there is no improvement in your symptoms in 3 days or if they have not disappeared within 7 days, you might not have a yeast infection. Consult your doctor.

If you have frequent vaginal infections, or if your yeast infection returns in less than 2 months, consult your doctor prior to starting treatment.

Do not use *Canesten* if you are pregnant, think you are, or are nursing, without first consulting your doctor.

If you experience a rash or new irritation while using this product, discontinue use and contact your doctor.

Canesten may reduce the effectiveness of some birth control methods, such as condoms, diaphragms, or vaginal spermicides. This effect is temporary and occurs only during treatment.

Using vaginal CANESTEN® and oral tacrolimus/sirolimus (immunosuppressant) might lead to increased tacrolimus/sirolimus plasma levels.

Do not use tampons, intravaginal douches or other vaginal products while using this product.

Canesten Cream 1 (pre-filled applicator) is for vaginal use only. *Canesten* External Cream is for external vaginal use only. Avoid contact with eyes; if this happens, rinse thoroughly with water. If *Canesten* is accidentally swallowed, contact your local hospital emergency room or Poison Control Centre immediately. Keep *Canesten* and all other medications out of the reach of children.

Canesten External Cream should not be used for vulvar itching due to causes other than a yeast infection.

PACKAGE INSERT

CANESTEN

Cream 1 Treatment

10% w/w Clotrimazole Cream, Bayer Standard

(Pre-filled applicator)

ANTIFUNGAL

FOR THE TREATMENT OF VAGINAL YEAST INFECTIONS.

READ THIS BEFORE USING.

1. *What is a “yeast infection”?*

A “yeast infection” may occur any time there is an overgrowth of yeast organisms in the vagina. The vagina normally has bacteria and yeast organisms present. Under some conditions, the number of yeast organisms rises, irritating the delicate tissues of the vagina and vaginal opening. Conditions that make this more likely to occur are illness and the use of antibiotics (antibiotics do not affect the yeast organism). Changes in hormone levels may also increase the risk of a yeast infection. Changes that can occur during pregnancy, with the use of oral contraceptive pills, or just before a woman’s period, may all increase the risk of a vaginal yeast infection. Some diseases, such as diabetes, can also make a person more susceptible. Even such things as hot, humid weather, continuous use of panty liners, or tight, non-breathing clothing may increase a woman’s chances of developing a yeast infection. These infections are not usually transmitted through sexual relations, even though a small percentage of male partners do have infections at the same time.

2. *How do I know if I have a “yeast infection”?*

When a “yeast infection” occurs, the body responds with an increase in vaginal secretions. These secretions are generally thick and sticky, but odourless. These are often referred to as “cheesy” or “curd-like” because of their similarity to cottage cheese. These secretions are irritating to the tissues of the vaginal area, causing intense itching, redness and swelling. Sometimes red spots or sores may develop, especially if the area has been scratched in response to the itching. Soreness in the vagina, discomfort when passing urine and pain during sexual relations is common.

Yeast infections do not cause fevers, chills, nausea, vomiting, diarrhoea, back pain, shoulder pain or vaginal haemorrhaging. If these symptoms are present, or if the vaginal discharge is foul-smelling, a more serious condition may be present and you should consult your doctor immediately.

Even if all your symptoms point to a yeast infection, you should not attempt to treat yourself without consulting a doctor if it is your first infection. If you have a second infection in less than 2 months, or experience frequent infections, contact your doctor for evaluation and advice.

3. *How do I cure a “yeast infection”?*

To cure a “yeast infection”, it is necessary to kill the overgrowth of yeast organisms that cause the infection. *Canesten* can cure most vaginal yeast infections and symptomatic relief can occur in a few hours or days. *Canesten* 10% Vaginal Cream requires only one application, however, if your symptoms do not improve after 3 days of treatment, or disappear within 7 days, or if they worsen, contact your doctor.

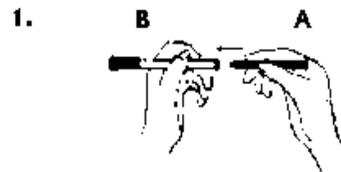
4. How do I use Canesten Cream 1?

Canesten Cream 1 (pre-filled applicator) is used to treat vaginal yeast infections. *Canesten Cream* is inserted high into the vagina once (preferably at bedtime). *Canesten* is only for use in the vagina and should never be taken by mouth. Treatment during the menstrual period should not be performed. The treatment should be finished before the onset of menstruation. While you may have sexual relations during treatment with *Canesten*, most couples wait until treatment has finished.

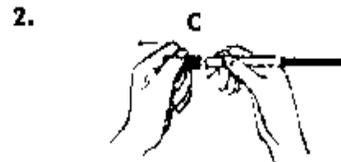
Using the Applicator

The applicator supplied with this package should be used to ensure proper placement of the vaginal cream high in the vagina preferably at bedtime, where it will provide the most benefit. To use the applicator:

1. Remove unit B from package. Insert plunger A into the barrel of the applicator B.

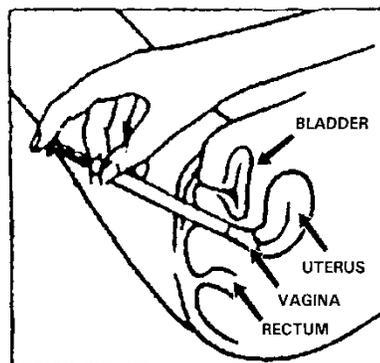


2. Detach red tip C with a twist motion.



Inserting the Medication:

Canesten Cream 1 (pre-filled applicator) is inserted into the vagina in much the same way as a tampon. Stand, squat, or lie on your back in a comfortable position. Insert the pre-filled applicator into the vagina as far as it will comfortably go. Holding the barrel of the applicator steady, gently depress the plunger until it stops. This will release the medication high in the vagina where it will be most effective. Remove the applicator.



Disposing of the Applicator

The *Canesten* vaginal applicator is recyclable where facilities exist.

5. Important Warnings

Before using *Canesten*[®] Cream 1, talk to your doctor or pharmacist if you are taking Tacrolimus (immunosuppressant).

If you are at increased risk for sexually transmitted diseases, have multiple sexual partners or change partners often, consult a doctor before starting each treatment.

If this is your first yeast infection, it should be evaluated by your doctor before you start any medication.

Do not use *Canesten* if you have abdominal pain, fever, or a foul-smelling vaginal discharge. If these symptoms are present, you could have a more serious condition and should consult your doctor immediately.

If there is no improvement in your symptoms in 3 days or if they have not disappeared within 7 days, you might not have a vaginal yeast infection. Consult your doctor.

If you have frequent vaginal infections, or if your yeast infection returns in less than 2 months, consult your doctor prior to starting treatment.

Do not use *Canesten* if you are pregnant, think you are, or are nursing, unless advised by a doctor.

If you experience a rash or new irritation after using the product, contact your doctor.

Canesten may reduce the effectiveness and safety of some latex products (e.g. condoms and diaphragms) and vaginal spermicides. This effect is temporary and occurs only during treatment.

Do not use tampons, intravaginal douches or other vaginal products while using this product.

Using vaginal CANESTEN[®] and oral tacrolimus/sirolimus (immunosuppressant) might lead to increased tacrolimus/sirolimus plasma levels.

Canesten Cream is for vaginal use only. Avoid contact with eyes; if this happens, rinse thoroughly with water. If *Canesten* is accidentally swallowed, contact your local emergency room or Poison Control Centre immediately. Keep *Canesten* and all other medications out of the reach of children.

Canesten should not be used by girls less than 12 years of age unless advised by a doctor.

If you have any questions about *Canesten* or vaginal infections, contact your pharmacist or doctor.

Medicinal Ingredient : Clotrimazole 10%.

STORE AT ROOM TEMPERATURE BETWEEN 15°C AND 30°C.

Bayer ⊕

® TM/MC see www.bayer.ca/tm-mc
Bayer Inc. Mississauga ON L4W 5R6

PACKAGE INSERT

CANESTEN
CREAM 3 TREATMENT
2% w/w Clotrimazole Cream, Bayer Standard
ANTIFUNGAL
FOR THE TREATMENT OF VAGINAL YEAST INFECTIONS.
READ THIS BEFORE USING.

1. *What is a “yeast infection”?*

A “yeast infection” may occur any time there is an overgrowth of yeast organisms in the vagina. The vagina normally has bacteria and yeast organisms present. Under some conditions, the number of yeast organisms rises, irritating the delicate tissues of the vagina and vaginal opening (the vulva). Conditions that make this more likely to occur are illness and the use of antibiotics (antibiotics do not affect the yeast organism). Changes in hormone levels may also increase the risk of a yeast infection. Changes that can occur during pregnancy, with the use of oral contraceptive pills, or just before a woman’s period, may all increase the risk of a vaginal yeast infection. Some diseases, such as diabetes, can also make a person more susceptible. Even such things as hot, humid weather, continuous use of panty liners, or tight, non-breathing clothing may increase a woman’s chances of developing a yeast infection. These infections are not usually transmitted through sexual relations, even though a small percentage of male partners do have infections at the same time.

2. *How do I know if I have a “yeast infection”?*

When a “yeast infection” occurs, the body responds with an increase in vaginal secretions. These secretions are generally thick and sticky, but odourless. These are often referred to as “cheesy” or “curd-like” because of their similarity to cottage cheese. These secretions are irritating to the tissues of the vaginal area, causing intense itching, redness and swelling. Sometimes red spots or sores may develop, especially if the area has been scratched in response to the itching. Soreness in the vagina, discomfort when passing urine and pain during sexual relations is common.

Yeast infections do not cause fevers, chills, nausea, vomiting, diarrhoea, back pain, shoulder pain or vaginal haemorrhaging. If these symptoms are present, or if the vaginal discharge is foul-smelling, a more serious condition may be present and you should consult your doctor immediately.

Even if all your symptoms point to a yeast infection, you should not attempt to treat yourself without consulting a doctor if it is your first infection. If you have a second infection in less than 2 months, or experience frequent infections, contact your doctor for evaluation and advice.

3. *How do I cure a yeast “infection”?*

To cure a “yeast infection”, it is necessary to kill the overgrowth of yeast organisms that cause the infection. *Canesten* can cure most vaginal yeast infections. Even though the symptoms of an infection may be relieved in only a few hours or days, you should use *Canesten* for a full 3 days. This will decrease the chance of the infection returning. If your symptoms do not improve after 3 days of treatment, or disappear within 7 days, or if they get worse, discontinue treatment and contact your doctor.

4. How do I use Canesten Cream 3?

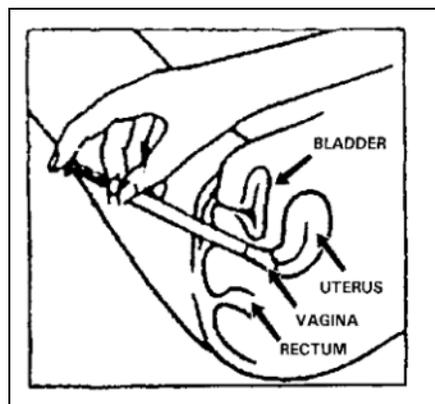
Canesten Cream 3 is used to treat vaginal yeast infections. *Canesten* is inserted high into the vagina once a day (preferably at bedtime) for 3 consecutive days. Sufficient cream is provided for 3 intravaginal applications. Extra cream is supplied for use in relieving the external itching and burning sometimes associated with a vaginal yeast infection. *Canesten* is only for use in the vagina and should never be taken by mouth. Treatment during the menstrual period should not be performed. The treatment should be finished before the onset of menstruation. While you may have sexual relations during treatment with *Canesten*, most couples wait until treatment has finished.

Filling the Applicator

Remove the cap from the tube of *Canesten* and reverse it to puncture the safety seal over the end of the tube. To fill the applicator, screw the open end of the applicator on the end of the tube. Gently squeeze the tube. The plunger will rise as cream enters the applicator. When the plunger stops, the proper amount of *Canesten* has been pushed into the applicator and the applicator may be removed. Replace the cap and roll up the tube from the bottom so that the tube will be ready for the next use.

Inserting the Medication

Canesten Cream is inserted into the vagina in much the same way as a tampon. Stand, squat, or lie on your back in a comfortable position. Insert the filled applicator into the vagina as far as it will comfortably go. Holding the barrel of the applicator steady, gently depress the plunger until it stops. This will release the medication high in the vagina where it will be most effective. Remove the applicator.



Disposing of the Applicator

The *Canesten* vaginal applicators are recyclable where facilities exist.

Using the Cream Externally

A small additional amount of *Canesten* Cream may be applied to the opening of the vagina to help provide extra relief of external symptoms. Squeeze a small amount of cream onto your finger and gently spread over the irritated area of the vulva. Use the cream once or twice a day and only during the period when external symptoms are present, to a maximum of 7 days.

5. Important Warnings

Before using *Canesten*[®] Cream 3, talk to your doctor or pharmacist if you are taking Tacrolimus (immunosuppressant).

If you are at increased risk for sexually transmitted diseases, have multiple partners or change partners often, consult a doctor before starting each treatment.

If this is your first yeast infection, it should be evaluated by your doctor before you start any medication.

Do not use *Canesten* if you have abdominal pain, fever, or a foul-smelling vaginal discharge. If these symptoms are present, you could have a more serious condition and you should consult your doctor immediately.

If there is no improvement in your symptoms in 3 days or if they have not disappeared within 7 days, you might not have a vaginal yeast infection. Consult your doctor.

If you have frequent vaginal infections, or if your yeast infection returns in less than 2 months, consult your doctor prior to starting treatment.

Do not use *Canesten* if you are pregnant, think you are, or are nursing, unless advised by a doctor.

If you experience a rash or new irritation while using the product, discontinue use and contact your doctor.

Canesten may reduce the effectiveness of some birth control methods, such as condoms, diaphragms, or vaginal spermicides. This effect is temporary and occurs only during treatment.

Using vaginal CANESTEN® and oral tacrolimus/sirolimus (immunosuppressant) might lead to increased tacrolimus/sirolimus plasma levels.

Do not use tampons, intravaginal douches or other vaginal product while using this product.

Canesten Cream is for vaginal use only. Avoid contact with eyes; if this happens, rinse thoroughly with water. If *Canesten* is accidentally swallowed, contact your local emergency room or Poison Control Centre immediately. Keep *Canesten* and all other medications out of the reach of children.

Canesten should not be used by girls less than 12 years of age unless advised by a doctor.

If you have any questions about *Canesten* or vaginal infections, contact your pharmacist or doctor.

Medicinal Ingredient : Clotrimazole 2%.

STORE AT ROOM TEMPERATURE BETWEEN 15°C AND 30°C.

Bayer ⊕

® TM/MC see www.bayer.ca/tm-mc
Bayer Inc. Mississauga ON L4W 5R6

PACKAGE INSERT

CANESTEN

Cream 6 Treatment

Clotrimazole Cream, Bayer Standard 1% w/w

ANTIFUNGAL

FOR THE TREATMENT OF VAGINAL YEAST INFECTIONS.

READ THIS BEFORE USING.

1. What is a “yeast infection”?

A “yeast infection” may occur any time there is an overgrowth of yeast organisms in the vagina. The vagina normally has bacteria and yeast organisms present. Under some conditions, the number of yeast organisms rises, irritating the delicate tissues of the vagina and vaginal opening (the vulva). Conditions that make this more likely to occur are illness and the use of antibiotics (antibiotics do not affect the yeast organism). Changes in hormone levels may also increase the risk of a yeast infection. Changes that can occur during pregnancy, with the use of oral contraceptive pills, or just before a woman’s period, may all increase the risk of a vaginal yeast infection. Some diseases, such as diabetes, can also make a person more susceptible. Even such things as hot, humid weather, continuous use of panty liners, or tight, non-breathing clothing may increase a woman’s chances of developing a yeast infection. These infections are not usually transmitted through sexual relations, even though a small percentage of male partners do have infections at the same time.

2. How do I know if I have a “yeast infection”?

When a “yeast infection” occurs, the body responds with an increase in vaginal secretions. These secretions are generally thick and sticky, but odourless. These are often referred to as “cheesy” or “curd-like” because of their similarity to cottage cheese. These secretions are irritating to the tissues of the vaginal area, causing intense itching, redness and swelling. Sometimes red spots or sores may develop, especially if the area has been scratched in response to the itching. Soreness in the vagina, discomfort when passing urine and pain during sexual relations is common.

Yeast infections do not cause fevers, chills, nausea, vomiting, diarrhoea, back pain, shoulder pain or vaginal haemorrhaging. If these symptoms are present, or if the vaginal discharge is foul-smelling, a more serious condition may be present and you should consult your doctor immediately.

Even if all your symptoms point to a yeast infection, you should not attempt to treat yourself without consulting a doctor if it is your first infection. If you have a second infection in less than 2 months, or experience frequent infections, contact your doctor for evaluation and advice.

3. How do I cure a “yeast infection”?

To cure a “yeast infection”, it is necessary to kill the overgrowth of yeast organisms that cause the infection. *Canesten* can cure most vaginal yeast infections. Even though the symptoms of an infection may be relieved in only a few hours or days, you should use *Canesten* for a full 6 days. This will decrease the chance of the infection returning. If your symptoms do not improve after 3 days of treatment, or disappear within 7 days, or if they get worse, discontinue treatment and contact your doctor.

4. How do I use Canesten Cream 6?

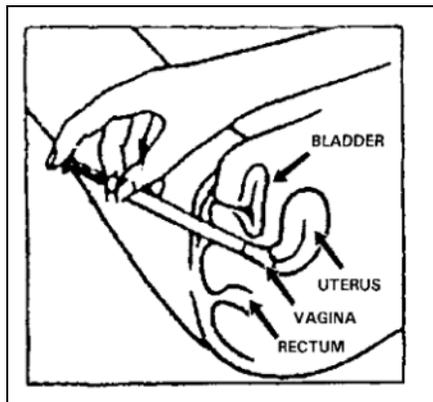
Canesten Cream 6 is used to treat vaginal yeast infections. *Canesten* is inserted high into the vagina once a day (preferably at bedtime) for 6 consecutive days. Sufficient cream is provided for 6 intravaginal applications. Extra cream is supplied for use in relieving the external itching and burning sometimes associated with a vaginal yeast infection. *Canesten* is only for use in the vagina and should never be taken by mouth. Treatment during the menstrual period should not be performed. The treatment should be finished before the onset of menstruation. While you may have sexual relations during treatment with *Canesten*, most couples wait until treatment has finished as your partner could become infected.

Filling the Applicator

Remove the cap from the tube of *Canesten* and reverse it to puncture the safety seal over the end of the tube. To fill the applicator, screw the open end of the applicator on the end of the tube. Gently squeeze the tube. The plunger will rise as cream enters the applicator. When the plunger stops, the proper amount of *Canesten* has been pushed into the applicator and the applicator may be removed. Replace the cap and roll up the tube from the bottom so that the tube will be ready for the next use.

Inserting the Medication

Canesten Cream 6 is inserted into the vagina in much the same way as a tampon. Stand, squat, or lie on your back in a comfortable position. Insert the filled applicator into the vagina as far as it will comfortably go. Holding the barrel of the applicator steady, gently depress the plunger until it stops. This will release the medication high in the vagina where it will be most effective. Remove the applicator. A small additional amount of *Canesten* cream may be applied to the opening of the vagina to help provide extra relief.



Disposing of the Applicator

The *Canesten* vaginal applicator is recyclable where facilities exist.

Using the Cream Externally:

A small amount of CANESTEN® cream 6 may be applied to the opening of the vagina to help provide extra relief of external symptoms. Squeeze a small amount of cream onto your finger and gently spread over the irritated vaginal area. Use the cream once or twice a day and only during the period when external symptoms are present, to a maximum of 7 days.

5. Important Warnings

Before using Canesten® Cream 6, talk to your doctor or pharmacist if you are taking Tacrolimus (immunosuppressant).

If you are at increased risk for sexually transmitted diseases, have multiple sexual partners or change partners often, consult a doctor before starting each treatment.

If this is your first yeast infection, it should be evaluated by your doctor before you start any medication.

Do not use *Canesten* if you have abdominal pain, fever, or a foul-smelling vaginal discharge. If these symptoms are present, you could have a more serious condition and you should consult your doctor immediately.

If there is no improvement in your symptoms in 3 days or if they have not disappeared within 7 days, you might not have a vaginal yeast infection. Consult your doctor.

If you have frequent vaginal infections, or if your yeast infection returns in less than 2 months, consult your doctor prior to starting treatment.

Do not use *Canesten* if you are pregnant, think you are, or are nursing, unless advised by a doctor.

If you experience a rash or new irritation while using this product, discontinue use and contact your doctor.

Canesten may reduce the effectiveness of some birth control methods, such as condoms, diaphragms, or vaginal spermicides. This effect is temporary and occurs only during treatment.

Do not use tampons, intravaginal douches or other vaginal products while using this product.

Using vaginal CANESTEN and oral tacrolimus/sirolimus (Immunosuppressant) might lead to increased tacrolimus/sirolimus plasma levels.

Canesten Cream is for vaginal use only. Avoid contact with eyes; if this happens, rinse thoroughly with water. If *Canesten* is accidentally swallowed, contact your local emergency room or Poison Control Centre immediately. Keep *Canesten* and all other medications out of the reach of children.

Canesten should not be used by girls less than 12 years of age unless advised by a doctor.

If you have any questions about *Canesten* or vaginal infections, contact your pharmacist or doctor.

Medicinal Ingredient : Clotrimazole 1%

STORE AT ROOM TEMPERATURE BETWEEN 15°C AND 30°C.

Bayer ⊕

® TM/MC see www.bayer.ca/tm-mc
Bayer Inc. Mississauga ON L4W 5R6